



**PROVIDENCE CATHOLIC SCHOOL
ATHLETIC DEPARTMENT**
The College Preparatory School for Girls Grades 6-12

1215 N. St. Mary's St. • San Antonio, TX 78215 • (210) 224-9894 • FAX (210) 224-6214

**Attention: Providence Athletes & Parents
FALL SPORTS INFO**

PHYSICALS Wed, July 28th 5:30pm at Providence.

All athletes must have a physical on file to participate in a sport!

No physicals will be given after 7 pm. Student and guardian must complete medical history and sign a waiver in order to have their physical completed. The cost of the physical will be \$20. Make checks payable to Providence. Required Forms can be found online under Athletics. Shot records can be turned in with physical. RSVP for your physical online (www.provencehs.net) and click on Athletics tab.

NOTE: Physicals are required for sports, dance, band, PE and ROTC.

If you prefer to use your family physician, please print and use the form online and bring to first tryout date. NO athlete will participate in practice until the school has a physical on file.

HIGH SCHOOL VOLLEYBALL TRYOUTS

Any registered Providence student entering grades 9 through 12 may tryout.

Tryouts will take place Mon, Aug 2nd, Tues, Aug 3rd, and Wed, Aug 4th from 8am-12noon at Providence.

All high school volleyball players in tryouts will go through schedule pick-ups after practice at noon on Monday, Aug 2nd. Bring a light snack for a break given between sessions approx. 10am.

MIDDLE SCHOOL VOLLEYBALL TRYOUTS

Any registered Providence student entering grade 6 through 8 may tryout.

Tryouts will take place Mon, Aug 16th, Tues, Aug 17th, and Wed, Aug 18th from 3:15-4:30pm at Providence.

The following teams will be filled in this order Blue Team (A), White Team (B) and 6th grade team.

FALL SPORTS MANDATORY ATHLETE & PARENTS MEETING

*All interested in participating in Middle School or High School Volleyball,
Middle School or High School Cross Country & Middle School Soccer must attend!*
Monday, August 9th 5:30pm in Providence gym

This meeting is mandatory to complete required forms and go over Athletic Department and school policies, as well as specific team/sport policies and schedules. Coaches will be present to answer questions. Also, information will also be presented about fundraising, as well as the new PAC (Parent Athletic Committee). *Join the PAC and help Provet Athletics reach its fullest potential!*

New families and students, *WELCOME* to Providence, this meeting is a great opportunity to get your questions answered and get involved in Providence Athletics. Returning students and families, there will be changes and updates from last year, as well as an opportunity to meet new families and coaches and GET INVOLVED!

Enjoy the rest of your summer and get ready for Providence Athletics Season 2010-2011!! If you need anything, please email edenoux@provencehs.net.

As always, GO PROVETS!

Elise Denoux, Athletic Director



A commitment to Catholic education by the Sisters of Divine Providence since 1951.